## **SedonaKind General Meeting Minutes**

September 16, 2022 - 10:00am – West Sedona Library Chaired by Christine Schneider

**Pre-Meeting** – prior to the meeting we had Garden Wands for sale.

## Meeting called to order at 10:05am

21 SK members present

**Welcome** – Christine welcomed everyone back and expressed how happy we are to see them.

**Video** – Gail played a wonderful video highlighting all that we accomplished over the summer.

**New Member** - Sandy Krywacki introduced herself and was warmly welcomed.

**Kindness stories** – stories were shared and there was a brief discussion and several examples of people witnessing citizens being particularly rude to people trying to help them and wishing there was more that could be done about it. It was suggested that the membership think about what might be done and make proposals at the January planning meeting.

# Special Guest – Andrea Lhotka – Wish List

Andrea introduced herself, explained how she became involved in the Wish List and what they hope to accomplish and answered several questions regarding who can post.

#### KIS Committee Report – Karen

The KIS Committee has postponed going back into the classroom and will revisit it again in the spring. In the mean time they are discussing other ways they might be able to have an effect in the school.

Karen met with the various principals and school superintendents and shared the following: WSS is open to community involvement in the school. It was requested that the involvement be more of a curricular nature. The challenge they have is making up deficiencies in math and that is their focus for this year. The school is really focusing on their STEM program where they will be doing problem solving around trash collection, design engineering, and water conservation. They have become a STEM accredited school with NAU and APS as their partners

SRRHS – They are looking to continue programs like Capturing Kids' Hearts and David Simmons' UBU Project. The UBU project uses music and performance to focus on kindness, hope, resilience and empathy. This week-long program culminates in a performance by the students in grades 6-8. They also want to bring in a program called Link Crew, which is a program that pairs upperclassmen with freshmen to help the transition to high school. They are trying to do aspects of it now but they want to be able to sustain it long term.

The challenges the school faces are many: rising number of English Language Learners (state law prohibits instruction in any language but English. 25% HS and 45% MS are English-as-a-

second -language students). There are 68 homeless students (they know that number is underreported), 68% of the students are on free or reduced lunch.

OCS is very flexible in their approach to what we do. Any support we can give them will be greatly appreciated. OCS is also a STEM school. They have monthly STEM design principles. Each month a grade level is responsible for presenting that principle and they receive a reward for their presentation.

**Note:** Lou Anne shared that OLLI is offering a course this fall on best practices for tutoring.

#### **Knit/Crochet Committee – Katie**

The knitters have been working all summer and nearly 700 hats have already been turned in, counted and sized with more on the way.

The Veteran blanket group have already reached their goal of 60 blankets and are still working on more.

A large donation of yarn, knitting books, knitting machine and unfinished sweaters was received over the summer from Jan Taylor, in honor of her mom, Sherrill Nesbit. The boxes of knitting magazines and books were on display at the meeting for anyone to take. Marge completed the unfinished sweaters and they will be donated to Sedona Winds. If anyone is interested in the knitting machine, please contact Marge Schwartz.

#### Dress A Girl – Lin

Lin had a wonderful slide show of pictures from the various dress delivery trips taken over the summer. They meet on the 4<sup>th</sup> Friday of each month at the Nazarene Church in the village and all are welcome...there are many things even non-sewers can help with.

# Charming – Sandy

Beginning in October the Charming meetings at Alma de Sedona will be held on the 2<sup>nd</sup> Thursday of the month. The bead "stash" was re-organized and allows for much better transport of supplies. This month's charmers had a contest to make the charm that would be included in the Historical Societies Time Capsule and Georgia's charm won – Congratulations!

# **Historical Society Time Capsule – Sandy**

We are submitting a story about SedonaKind along with the winning charm for the Time Capsule which will be opened in 40 years. The story will be included in October's Newsletter – be sure to read it!

## Operation Special Delivery/Unsung Heroes – Sandy

Throughout the summer we made several deliveries to additional groups for a total of 738 people honored since the project began. Some of the groups included the library volunteers, Post Office workers, Food Bank, Fire Dept., Police Dept., etc. Thanks to all that helped in this effort.

## **Heartfelt Connections – Meri**

7 cards have been sent over the summer and we encourage anyone who knows a member that can use a lift, to use the online form to request a card be sent to them.

# Season of Kindness Movie Fundraiser – Joy

Our movie fundraiser this year will be The Kindness of Strangers. There will be two showings on November 13th, World Kindness Day.

# **Veteran Blessing Bags – Heather**

We will be putting together the Veteran Blessing Bags immediately following our October General Meeting and we encourage all to come and help. The bags will be delivered in November for Veterans Day.

#### **OLLI Class – Christine & Joy**

We will be conducting a 3-hour class at Yavapai College's West Sedona campus on Thursday, November 10<sup>th</sup> from 1pm – 4pm. It is entitled, "Benefits of, and Creative Ways to Share Kindness." We'll talk about simple acts of kindness, have a discussion of the emotional and physical benefits of being kind and will have fun with 'make and take' projects. Participants will leave with a 'goodie bag' of items and new ideas on sharing kindness. It has already been highlighted in Sedona Biz and the Red Rock News has shown an interest in writing an article as well.

#### **Announcements**

Church of the Red Rocks is having a Treasure Sale, November 3 - 5 in their Painted Cliffs Hall. Donations are being accepted from October 23<sup>rd</sup> – 30<sup>th</sup>. Proceeds will benefit Hope House & Rainbow Acres. Additional information should be available on the church website shortly.

#### OCTOBER GENERAL MEETING - CHANGE OF LOCATION

Our October General Meeting will be held on October 21st at the Village of Oak Creek Library (Big Park School building) in the Javelina Room. We hope to see everyone there!

**Quote:** Christine read a kindness story from the NY Times article, "The Unexpected Power of Random Acts of Kindness" and then the quote:

"Love & Kindness are never wasted. They always make a difference. They bless the one who receives them and they bless you, the giver."

Barbara DeAngelis

## Christine adjourned the meeting at 11:30am

Minutes respectfully submitted by Christine Schneider, Secretary