

SedonaKind General Meeting Minutes

October 21, 2022 - 10:00am – Sedona Library – Village of Oak Creek branch
Chaired by Katie Hamilton

Pre-Meeting – prior to the meeting and again afterward, Garden Wands were on sale.

Meeting called to order at 10:10am - 24 members present

Welcome – Katie welcomed everyone and thanked them for coming to the Village Library.

Kindness stories – stories were shared by Jawn, Cheryl, Sandy, Lin and Meri and Lou Ann shared a beautiful poem.

Special Guest – Gale & John Lothrop – Hope House

Gale gave a wonderful presentation about Hope House, it's history, development and current status. It's been a four-year journey begun at the Church of the Red Rocks and through research, forums, a City of Sedona Community Development Block Grant and Tierra Verde Builders accepting them as one of their yearly non-profit projects, their wonderful home that will house up to 3 families was finished in March 2022. For more information you can visit [Hopehouseofsedona.org](http://hopehouseofsedona.org) or contact them at hopehouseofsedona@gmail.com. Katie presented Gale with a SedonaKind sunchime for Hope House.

KIS Committee Report – Karen

The KIS Committee will be working on several programs over this year to coincide with several of Oak Creek School's monthly themes. These will include a butterfly program (which will replace the previous ladybug event) which fits perfectly with the "Change & Growth" theme, a snowflake project for their "Diversity & Inclusion" theme and a Kindness Challenge for their "Compassion & Caring" theme. The committee will also be working with Juniors from the high school who will be participating in a reading program for the West Sedona School.

Knit/Crochet Committee – Katie

The knitters have completed 971 hats which will be organized into classroom bundles on November 14th from 10am – 12pm at the West Sedona library. Marilyn Paul is chairing the committee and everyone is invited to come and help.

There are currently over 80 lapghans for the Veterans which far exceeds their original goal. Thanks to Marge Schwartz for all her time and effort in making this happen.

The 37 sweaters donated in pieces and finished by Marge were donated to Sedona Winds. They are so grateful for them.

Dress A Girl – Lin

Dress A Girl meets on the 4th Friday of each month at the Nazarene Church in the village and all are welcome...there are many things even non-sewers can help with. They need help from anyone that might be able to sell 2 heavy sewing machines that were donated in order that they might purchase some light weight ones. If anyone can help, please contact Lin Ennis.

Charming – Sandy

Reminder: the Charming meetings at Alma de Sedona will be held on the 2nd **Thursday** of the month. The bead "stash" has been re-organized and allows for much better transport of supplies.

Heartfelt Connections – Meri

5 cards have been sent over the last month and we encourage anyone who knows a member that can use a lift or a congratulatory note, to use the online form to request a card be sent.

Season of Kindness – Jawn

On Tuesday, October 25th the city will present SedonaKind with the proclamation making November 13th Sedona Kindness Day.

Our movie fundraiser this year will be The Kindness of Strangers. There will be two showings on November 13th, World Kindness Day. Admission will be \$12. We will also have a “fish bowl” for additional donations.

Gratitude Trees are scheduled to be at the Yavapai College Sedona Campus, Sedona Winds Assisted Living facility, Sedona Library in three locations (main lobby @ West Sedona, Children’s Library @ West Sedona and in the Village of Oak Creek), West Sedona Elementary and 2 remain at Alma de Sedona B&B.

OLLI Class – Christine & Joy

We are very excited about our 3-hour class at Yavapai College’s West Sedona campus on Thursday, November 10th from 1pm – 4pm. It is entitled, “**Benefits of, and Creative Ways to Share Kindness.**” We’ll talk about simple acts of kindness, have a discussion of the emotional and physical benefits of being kind and will have fun with ‘make and take’ projects. Participants will leave with a ‘goodie bag’ of items and new ideas on sharing kindness. It has already been highlighted in Sedona Biz and the Red Rock News.

Manzanita Outreach – Katie & Christine

SedonaKind & Sedona Women partnered on a school snack box packing project at the Manzanita facility in Cottonwood on September 22nd. Several of our members participated and had a wonderful and rewarding time.

Member Survey – Gail

We value our member’s thoughts, opinions and insights and, as such, will be sending our members a link to a formal, anonymous survey that will only take a few minutes to complete. The answers will help us as we move forward and grow. Please keep an eye on your inbox over this next week – we would really appreciate a reply at your earliest convenience. If you have any questions with the survey, please contact Gail Moore.

Veteran Blessing Bags – Heather

We had a lot of fun putting together the Veteran Blessing Bags immediately following the meeting. Thank you to all that stayed to help – it went really quickly.

Kindness Quote – Jawn

"Kindness is more than deeds. It is an attitude, an expression, a look, a touch. It is anything that lifts another person". Plato

Katie adjourned the meeting at 11:30am

Respectfully submitted by Christine Schneider